

**GOURMET CATERING**

1750 North Loop Road, Suite 125  
Alameda, California 94502

tel 510-864-0108

fax 510-864-0148

[www.whycookalameda.com](http://www.whycookalameda.com)



## Gourmet Catering ~Menu~

### HORS D'OEUVRES

\* \* \*

#### Antipasto Platter

A selection of delicious marinated & grilled items such as polenta cups with basil pesto, marinated artichoke hearts, grilled sausages, Italian dry salami, assorted Italian frittatas, imported olives & fresh mozzarella & tomatoes.

\$55.00 (Serves 8 to 10) \* \$85.00 (Serves 15 to 20) \* \$125.00 (Serves 25 to 30)

#### Fresh and Aged Cheese Platter

An assortment of gourmet cheeses arranged with crackers, dried fruits & house-cured olives. Selection includes: peppered jack, provolone, & ricotta salata, Tillamook cheddar, and more.

\$55.00 (Serves 8 to 10) \* \$90 (Serves 15 to 20) \* \$130 (Serves 25 to 30)

#### The Mediterranean Mixer

A combination of complimentary items such as oven-roasted vegetables, babaganoush, humus with pita chips, house-made crostini, Greek dolmas, & Gorgonzola pizzettas.

\$60.00 (Serves 8 to 10) \* \$85 (Serves 15 to 20) \* \$125.00 (Serves 25 to 30)

#### Smoked Salmon Platter

Delicious smoked salmon beautifully arranged with thinly sliced red onion, tomatoes, capers, whipped fresh dill cream cheese & assorted crackers & house-made crostini.

\$65.00 (Serves 8 to 10) \* \$95.00 (Serves 15 to 20) \* \$145.00 (Serves 25 to 30)

#### The Jerusalem Platter

Includes falafel with tahini Sauce, fresh tabbouleh, humus, cucumbers salad, fava bean salad, feta cheese with pita bread or lavash and Greek olives.

\$60.00 (Serves 8 to 10) \* \$85.00 (Serves 15 to 20) \* \$125.00 (Serves 25 to 30)

#### Seafood Platter

A combination of our delicious sautéed shrimp and scallops, lightly breaded crab cakes Bursting with sweet crab meat, and seasoned smoked Salmon.

\$75.00 (Serves 8 to 10) \* \$105.00 (Serves 15 to 20) \* \$165.00 (Serves 25 to 30)

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### HORS D'OEUVRES

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#### **Three Dip Platter**

A favorite party classic, artichoke dip, tapenade, & humus dip with an assortment of vegetables or baguettes and crackers

\$45.00 (Serves 8 to 10) \* \$65.00 (Serves 15 to 20) \* \$95.00 (Serves 25 to 30)

#### **Seasonal Fruit Platter**

A spectacular display of the freshest seasonal fruits available.

\$50.00 (Serves 8 to 10) \* \$80.00 (Serves 15 to 20) \* \$110.00 (Serves 25 to 30)

#### **Aged Meats and Cheese Platter**

An assortment of meats such as ham, salami, prosciutto, pastrami, roast beef and aged cheeses like pepper jack, Tillamook cheddar, gorgonzola and provolone combined with our house-roasted vegetables.

\$55.00 (Serves 8 to 10) \* \$85.00 (Serves 15 to 20) \* \$120.00 (Serves 25 to 30)

#### **Best of the Best Specialty Platters**

Our specialty platters highlight some of our most famous hors d'oeuvres including:

#### **Mini Corn Cakes with Smoked Salmon,**

Drunken Rum Prawns,

#### **Grilled Polenta with Ratatouille,**

Spanikopita,

#### **Crab Cakes,**

Crostini of Flank Steak and Salsa Verde,

#### **Mushroom Turnovers,**

Wings in Peanut Sauce or Piquant Sauce,

#### **Assorted Mini Quiche,**

Stuffed Mushrooms,

#### **Teriyaki or Sesame Peanut Chicken Skewers,**

Grape Leaf Dolmas or

#### **Assorted Fresh Fruit**

for **\$3.50** per person and typically include 2 pieces per person.

For heavy appetizer parties choose any 6 items for **18.95** per person

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## Gourmet Catering ~Menu~

### BISTRO SANDWICHES

\* \* \*

**Our Deluxe Boxed Sandwich Lunch includes; the sandwich, a salad (potato, pasta, or Greek), a beverage & a choice of brownie, cookie, or a piece of fruit all beautifully arranged and elegantly packaged.  
\$11.95 per person**

**To be served on your choice of bread: Focaccia, Whole Wheat, Oat nut, Sliced Sour Dough, Sour Dough Roll, Dutch Crunch Roll, Wheat Roll or Marble Rye.  
(All sandwiches come with mayo, lettuce & tomato)**

- Mediterranean Chicken**..... roasted chicken with oven roasted peppers & scallions
- Chicken Salad**..... made with cranberries, walnuts and celery
- Turkey Breast**..... fresh roasted turkey breast with, mustard, pesto and olive oil
- Classic BLT** ..... the traditional American favorite
- Honey Ham**..... tender sweet smoked ham with mustard and bell pepper aioli
- Gourmet Roast Beef**..... fresh roasted top round, with mustard, pesto or horseradish Aged
- Italian Dry Salami**..... with mustard and pesto
- New York Style Pastrami** ... pesto or horseradish
- Albacore Tuna Salad** ..... mayonnaise, scallions, sweet relish and celery
- Egg Salad** ..... made with sweet relish and scallions
- Fresh Mozzarella Cheese**.... comes with pesto, cucumber, sprouts and olive oil
- Vegetable**..... oven roasted vegetables with a low-fat ricotta cheese spread Fresh
- Garden** ..... comes with cream cheese, cucumber, sprouts & pesto aioli **Artichoke**  
..... with black bean aioli, sundried tomato and goat cheese

Accompaniments to your sandwich include

- Cheese** ..... \$ .75 including Cheddar, Swiss, Provolone, Jack, Pepper Jack
- Avocado** ..... \$1.35
- Bacon**..... \$ .95
- Sprouts**..... \$ .50

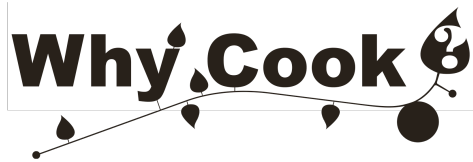
**Buffet style platters are also available (minimum order of 10 required). Paper plates, napkins, hot/cold cups & plastic utensils are .75¢ per person.**

**Plattered Sandwiches \$6.75 per person**

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Gourmet Catering  
~Menu~

**BISTRO WRAPS**

\* \* \*

**Our Deluxe Boxed Wrap Lunch includes; the wrap, a salad (Greek or cucumber),  
a beverage & a choice of brownie, cookie, or a piece of fruit  
all beautifully arranged and elegantly packaged.  
\$13.95 per person**

**To be served on your choice of wrap: Low Fat, Sundried Tomato, Spinach, Wheat,  
Flour, Lavash or Pita.**

<b>Chicken Breast</b> .....	goat cheese, sundried tomatoes, spinach, cucumber and pesto aioli
<b>Turkey Breast</b> .....	Fresh mozzarella, tomatoes, basil, and spring mix with roasted pepper aioli
<b>Roast Beef</b> .....	Tillamook Cheddar, horseradish, tomatoes, spring mix and Dijon Honey
<b>Ham</b> .....	swiss cheese, spring mix, tomatoes with pesto aioli
<b>Chicken Salad</b> .....	cranberries and walnuts, spinach, tomatoes and curry aioli
<b>Mediterranean Chicken</b> .....	roasted vegetables, spring mix, tomatoes and pesto aioli
<b>Albacore Tuna Salad</b> .....	mayonnaise, scallions, sweet relish and celery
<b>Around Italy</b> .....	aged dry salami, honey ham, provolone, spring mix, tomatoes with olive oil, vinegar and Italian seasoning
<b>Falafel</b> .....	humus, cucumber, tomatoes, spring mix and tahini sauce
<b>Oven Roasted Vegetable</b> .....	low fat ricotta, spinach, tomatoes and pesto aioli
<b>Fresh Garden</b> .....	sprouts, tomatoes, cucumber, spring mix, cream cheese, and avocado with pesto aioli
<b>Asparagus Artichoke</b> .....	spinach, feta cheese, tomatoes, cucumber and pesto aioli
<b>Three Cheeses</b> .....	Tillamook Cheddar, provolone and pepper jack with spring mix, tomatoes, sprouts and pesto aioli

Accompaniments to your wrap include:

<b>Cheese</b> .....	<b>\$ .75</b> including Cheddar, Swiss, Provolone, Jack, Pepper Jack
<b>Avocado</b> .....	<b>\$1.35</b>
<b>Bacon</b> .....	<b>\$ .95</b>
<b>Sprouts</b> .....	<b>\$ .50</b>

Open buffet style platters are also available (minimum order of 10 required).  
Paper plates, napkins, hot/cold cups & plastic utensils are .75¢ per person.

Plattered Wraps \$8.25 per person

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Gourmet Catering  
~Menu~

**MEXICAN GRILL**

\* \* \*

**Our selection of accompaniments makes this menu a Mexican celebration that you will truly enjoy. Our delicious conveniently packaged meals keeps the hot hot and the cool cool.**

Our Deluxe Baja Boxed Lunch includes; a choice of burrito, two tacos, quesadilla or Taco Salad (beef, chicken, pork or veggie). Comes with rice, beans, cheese, Pico de Gallo, chips & salsa, beverage & a choice of brownie or cookie and a piece of fruit all beautifully arranged and elegantly packaged.  
\$12.95 per person.

**Order up a Fiesta**

**Choose a Platter for your special event whether big or small**

\* \* \*

**Taco Platter**

Your choice of hard or soft tortilla filled with your choice of meat, rice, beans, cheese and Pico de Gallo. Also comes with a side of rice and beans & our signature salsa.  
\$69.95 (Serves 8 to 10 people)

**Burritos Platter**

Your choice of flour, wheat or spinach tortilla with your choice of meat, beans, rice, and cheese, and a side of chips and salsa, guacamole & sour cream  
\$79.95 (Serves 8 to 10 people)

**Beef or Chicken Fajita**

Sizzling beef and chicken served with seasonal vegetables, rice, beans, cheese, guacamole, sour cream and chips and salsa  
\$119.00 (Serves 8 to 10 people)

**Party Buffet**

Build your own taco bar with generous portions of grilled chicken, steak, pork or veggie (choose any two). Comes with tortilla, beans, rice, lettuce, cheese, sour cream, guacamole, tortilla and chips and salsa  
\$119.00 (Serves 8 to 10 people)

**Buffet style platters (minimum order of 10 required). Paper plates, napkins, hot/cold cups & plastic utensils are .75¢ per person.**

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Gourmet Catering  
~Menu~

**MEDITERRANEAN CUISINE**

\* \* \*

Our Deluxe Boxed Lunch includes; a choice of two skewers, beef, chicken, lamb or veggie with rice and Greek salad, baklava, a piece of fruit and a beverage all beautifully arranged and elegantly packaged, \$14.95 per person.

**We will be happy to create a custom menu for your special occasion, just choose the items you like, and we will help you create the perfect menu that will have your guests raving about.**

**Mediterranean Plates or Platters**

All our plates and platters come with hummus, rice, fresh Mediterranean salad and pita bread with a choice of meat from the list below

**Lamb, beef or chicken Kabob-** Marinated in fresh herbs with aged wine, yogurt, garlic and olive oil.

**Kifta Kabob-** Charbroiled ground Angus beef, seasoned with garlic, onions and special house spices

**Grilled Veggie Skewers-** Our fresh seasonal vegetable are roasted and garnished with our special spices

**Maza Plates or Platters -** Hummus, Baba Ghanouje, Tabouleh, Greek Salad, Dolmas, Falafel, Cucumber salad, Pita bread and feta cheese

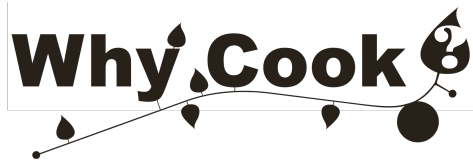
We prepare stuffed whole lamb, or oven roasted whole lamb, with Hashwa (Mediterranean rice garnished with almonds & pine nuts)  
(Available upon request)

**We serve Hallal or Kosher!**

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Gourmet Catering  
~Menu~

**CORPORATE HOT LUNCH**

\* \* \*

**Our Corporate Hot Lunch includes; the entrée, side, salad, bread & butter and a beverage.  
Starting at \$16.95 per person or any two entrées starting at \$19.95 per person  
additional sides starting at \$3.95 per person**

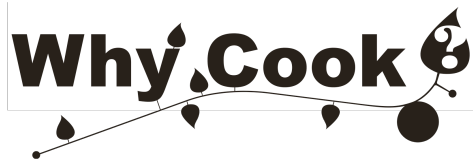
**Entrées**

1. Herb Roasted Pork Loin
2. Roulade of Flank Steak with pancetta, spinach and provolone
3. Herb Roasted Leg of Lamb with rosemary & garlic
4. Eggplant, Chicken or Veal Parmesan
5. Oven Roasted Fresh Salmon or Snapper Provençal
6. Beef, Chicken or Vegetable Lasagna
7. Chicken Marsala, Piccata or Scaloppini
8. Beef Wellington with house-made horseradish sauce
9. Greek Moussaka with Eggplant and seasoned Lamb

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Gourmet Catering  
~Menu~

**CORPORATE HOT LUNCH**

\* \* \*

**Sides**

1. Fresh asparagus with lemon zest
2. Roasted tomato stuffed with herbed breadcrumbs
3. Sautéed squash with sweet red pepper & red onions
4. Green beans with almonds
5. Ratatouille
6. Broccoli with cashews
7. Saffron basmati rice
8. Roasted garlic or creamy home-style mashed potatoes
9. Oven roasted baby red potatoes with fresh herbs
10. Pasta with pesto cream
11. Grilled mixed vegetables

\* \* \*

**Salads**

1. **Spring Mix** ..... organic greens & house-made cilantro citrus vinaigrette
2. **Baby Spinach** ..... grilled red onions, mushrooms & house-made balsamic vinaigrette
3. **Butter Lettuce** ..... gorgonzola, spicy toasted pecans & house-made ranch
4. **Caesar Salad** ..... garlic croutons, parmesan cheese & house-made caesar
5. **Greek Salad** ..... fresh tomatoes, red onions, cucumber & kalamata olives
6. **Pasta Salad** ..... grilled peppers, zucchini, onions, ricotta salata, & sherry vinaigrette
7. **Potato Salad** ..... fresh eggs, red onions, parsley, red wine vinegar & light mayonnaise

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Gourmet Catering  
~Menu~

**BISTRO SALADS & SOUPS**

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**Our Deluxe Boxed Salads are made fresh daily, beautifully arranged and are accompanied with our own house-made dressings.**

**\$7.50 per person**

1. **Spring Mix** ..... organic greens & house-made cilantro citrus vinaigrette
2. **Baby Spinach** ..... baby spinach, red onions, mushrooms & house-made balsamic vinaigrette
3. **Butter Lettuce**..... butter lettuces, gorgonzola, spicy toasted pecans & house-made ranch
4. **Caesar Salad** ..... romaine, garlic croutons, parmesan cheese & house-made caesar
5. **Greek Pepper Salad** ... with tomatoes, red onions, cucumber, feta cheese & kalamata olives
6. **Pasta Salad**..... with grilled peppers, zucchini, onions, ricotta, & sherry vinaigrette
7. **Potato Salad**..... with eggs, red onions, parsley, red wine vinegar & light mayonnaise

**Chicken** ..... \$3.00

**Shrimp** ..... \$3.50

**Bacon** ..... \$1.95

Accompaniments to your salad include:

**Salades Composées**

**\$9.50 per person**

Chef Salad romaine lettuce topped with cheddar, egg, turkey, bacon, ham, tomato

Cobb Salad romaine hearts topped with chicken, bacon, cheddar, tomato, egg, & gorgonzola Chinese

Chicken Salad romaine hearts topped with chicken, mandarin orange, toasted almonds

**Deluxe Three Salad Boxed Lunch**

**\$13.95 per person**

A choice between our house-made **Chicken Salad** with cranberries and walnuts, **Mediterranean Chicken Salad** with marinated roasted vegetables or, **Albacore Tuna Salad** mayonnaise, scallions, sweet relish and any 2 of either our **Greek Pepper Salad**, or our house-made **Potato** or **Pesto Pasta Salad**, a beverage & a choice of brownie, cookie, or a piece of fruit

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**Soups du Jour**

All of our soups are made daily from the freshest and highest quality ingredients.

Starting at \$3.50 per cup / \$5.50 per bowl

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## Gourmet Catering ~Menu~

### BREAKFAST and DESSERT

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#### Breakfast Pâtisserie Platter

**Our pâtisserie assortment is made fresh daily and includes an assortment of freshly baked cranberry & golden raisin scones, low-fat blueberry & banana oat nut muffins, and croissants or bagels.**

**\$3.00** per person (minimum of 10 persons)

The above served with fruit salad, orange juice & **Peet's coffee.**

**\$9.95** per person (minimum of 10 persons)

#### Breakfast Savory Accompaniments

- |   |                   |
|---|-------------------|
| 1. Italian house-made sausage or vegetarian frittatas ..... | \$3.50 per person |
| 2. Aidells chicken apple sausage.....                       | \$3.50 per person |
| 3. Spanish house-baked beef or vegetarian empanadas.....    | \$3.50 per person |
| 4. Irish house-corned beef hash and potatoes.....           | \$3.50 per person |
| 5. House-roasted herbed potatoes .....                      | \$2.50 per person |

#### Assorted Sweets Platter

An incredible assortment of our own home-style goodies like; **pecan bars, peanut butter bars, cranberry walnut bars, lemon curd bars, snicker doodles, peanut butter cookies, oatmeal cookies, chocolate chip cookies, brownies** and more. \$3.50 per person

#### Cakes, Pies and More

An incredible assortment of our own home-style cakes including; **Carrot cake, Chocolate Heaven, New York style cheese cake, Chocolate marble cheese cake, Pumpkin pie, Apple pie, Pecan pie** and many more. Please call for availability and price, and to reserve yours at least 3 days in advance.

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### BEVERAGES, DISPOSABLES, TABLE SETTINGS & SERVICES

\* \* \*

#### Beverages

1.	Spring Water .....	<b>\$1.50</b>
2.	Coca-Cola, Diet Coca-Cola, Pepsi, and Diet Pepsi.....	<b>\$1.50</b>
3.	S. Pellegrino Limonata, S. Pellegrino Aranciata .....	<b>\$2.50</b>
4.	S. Pellegrino Sparkling, S. Pellegrino Acqua Panna .....	<b>\$2.50</b>
5.	Snapple, Sobe and other assorted specialty drinks.....	<b>\$2.50</b>
6.	The Republic of Teas Superfruit Iced Teas .....	<b>\$3.50</b>

#### Disposables

1.	Paper plate, hot or cold cup, napkin, knife, fork & spoon ....	<b>\$ .75</b>
2.	Serving forks, spoons, or tongs .....	<b>\$1.00</b>
3.	Hot or cold cups .....	<b>\$ .25</b>
4.	Cocktail Plates .....	<b>\$ .20</b>
5.	Dinner Plates .....	<b>\$ .30</b>

#### China & Flatware Rentals

##### Complete settings starting at \$7.00 per person includes

a dinner plate, salad plate, bread & butter plate, dessert plate, coffee mug, dinner fork, dinner knife, salad, or dessert fork, teaspoon, 1 water glass & 1 wine glass.

#### Linens

1.	Table cloths .....	<b>\$12.00</b> and up
2.	Napkins.....	<b>\$ .75</b> and up

#### Labor

1.	On-site chef .....	<b>\$250.00</b> , 6 hour minimum
2.	Server or bartender .....	<b>\$210.00</b> , 6 hour minimum
		<b>\$ 35.00</b> each add'l hour

For a sit down dinner, we recommend one server for every 10 guests.

For a buffet dinner, we recommend one server for every 18-20 guests.

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